City of Philadelphia

Council of the City of Philadelphia
Office of the Chief Clerk
Room 402, City Hall
Philadelphia

(Resolution No. 260551)

RESOLUTION

Recognizing May 2026 as Mental Health Awareness Month in the City of Philadelphia.

WHEREAS, Every May since 1949, communities across the country have observed Mental Health Awareness Month to talk openly about mental health, reduce stigma, and support people in recovery; and

WHEREAS, Mental health is fundamental to overall health, encompassing emotional, psychological, and social wellbeing, and shaping how individuals think, feel, act, relate to others, and navigate the demands of daily life; and

WHEREAS, Stigma continues to be a primary barrier to seeking and sustaining mental health care, particularly among men, older adults, immigrant communities, communities of color, and LGBTQ+ Philadelphians, where cultural, linguistic, and historical factors shape engagement with care; and

WHEREAS, The National Alliance on Mental Illness (NAMI), through its Philadelphia affiliate, provides free education, support groups, and advocacy for individuals and families affected by mental illness, and has been a steadfast partner in reducing stigma and expanding access to care across our City; and

WHEREAS, Mental health belongs to all of us, and caring for one another at home, at work, in schools, and in our neighborhoods is how a healthy City is built; now, therefore, be it

RESOLVED, BY THE COUNCIL OF THE CITY OF PHILADELPHIA, That it hereby recognizes May 2026 as Mental Health Awareness Month, thanks NAMI, the workers, providers, and people in recovery who sustain Philadelphia's behavioral health system, and reminds every resident that help is available twenty-four hours a day by calling or texting 988.

FURTHER RESOLVED, That an Engrossed copy of this Resolution be presented to the National Alliance on Mental Illness (NAMI) as a sign of the gratitude and respect of this legislative body.

CERTIFICATION: This is a true and correct copy of the original Resolution, Adopted by the Council of the City of Philadelphia on the fourteenth day of May, 2026.

Kenyatta Johnson
PRESIDENT OF THE COUNCIL

Elizabeth McCollum
CHIEF CLERK OF THE COUNCIL

Introduced by: Councilmember Ahmad

Sponsored by: Councilmembers Ahmad, Phillips, Gilmore Richardson, Jones, Landau, Lozada, Brooks, Harrity, O'Rourke, Driscoll, Squilla and Bass