

City of Philadelphia



Council of the City of Philadelphia
Office of the Chief Clerk
Room 402, City Hall
Philadelphia

(Resolution No. 140361)

RESOLUTION

Recognizing May, 2014 as National Physical Fitness and Sports Month.

WHEREAS, The President's Council on Fitness, Sports and Nutrition was started in 1956 under Dwight D. Eisenhower. Initially, the Council was specific to the fitness of minors and was named the President's Council of Youth Fitness but over the years evolved to become the President's Council on Fitness, Sports and Nutrition; and

WHEREAS, The month of May has been recognized as National Physical Fitness and Sports Month since 1983; and

WHEREAS, The President's Council on Fitness, Sports and Nutrition as well as businesses, municipalities and companies nationwide honor May as National Physical Fitness and Sports Month, providing awareness for not only a healthy month but also a healthy life; and

WHEREAS, In recognition of May as National Physical Fitness and Sports Month, City Council, in a partnership with Health Promotion Council and the Department of Parks and Recreation, will launch Philly Play on May 1st on the plaza of the Municipal Services Building. Its mission is to promote fun accessible family fitness and wellness. The program will focus on providing both children and adults access to free and low cost physical activity resources in our City's recreation centers. Philly Play will communicate the importance of physical activity as a preventative health measure to elementary aged children and their parents; and

WHEREAS, By encouraging families to make small changes to increase their activity levels, they can achieve healthier lifestyles. To realize these positive lifestyle changes, National Physical Fitness and Sports Month encourages families to lead more physically active lives by accessing the many active living resources throughout Philadelphia. Philly Play will also encourage people to better utilize our City's recreational resources

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and innovative programming, specifically as it relates to our recreation centers, now, therefore, be it

RESOLVED, BY THE COUNCIL OF THE CITY OF PHILADELPHIA, That we hereby recognize May, 2014 as National Physical Fitness and Sports Month.

RESOLVED FURTHER, That an Engrossed copy of this resolution be presented to representatives of the Health Promotion Council and the Department of Parks and Recreation for their outstanding efforts in bringing attention to the need for healthy choices and healthy lifestyles.

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CERTIFICATION: This is a true and correct copy of the original Resolution, Adopted by the Council of the City of Philadelphia on the twenty-fourth day of April, 2014.

Darrell L. Clarke
PRESIDENT OF THE COUNCIL

Michael A. Decker
CHIEF CLERK OF THE COUNCIL

Introduced by: Councilmember Henon

Sponsored by: Councilmembers Henon, Reynolds Brown, Greenlee, O'Brien, Kenney, Squilla, Goode, Blackwell, Bass, Oh, Johnson, Jones, O'Neill, Tasco and Quiñones Sánchez