

# City of Philadelphia



Council of the City of Philadelphia  
Office of the Chief Clerk  
Room 402, City Hall  
Philadelphia

(Resolution No. 130738)

## RESOLUTION

Recognizing October 18, 2013 as National Martial Arts Day In Philadelphia to encourage all Philadelphians to learn about the important benefits of the Martial Arts.

WHEREAS, The National Association of Professional Martial Arts initiated National Martial Arts Day to unite Martial Arts Schools, and millions of children and adult practitioners of the Martial Arts, to heighten the visibility of the Martial Arts and encourage participation in the Martial Arts at the grassroots level to promote the values of self-control, self-discipline, personal defense, and physical fitness for every age, gender, and ability; and

WHEREAS, The Martial Arts provide a powerful foundation for emotional development and success skills that last a lifetime; and

WHEREAS, Participation in the Martial Arts builds strength, character, focus, flexibility, and coordination while enhancing performance in other sports, in the workplace, at home, and in school; and

WHEREAS, The Martial Arts enhance self-esteem, goal-setting abilities, anger management, and the skills of non-violent conflict resolution in all people, helping them to become more productive and healthy; and

WHEREAS, Philadelphia's second National Martial Arts Day will be celebrated with an open house sponsored by Maxercise featuring demonstrations in Brazilian Jiu-Jitsu, Judo, Muay Thai, and Taekwondo; free introductory classes; free-giveaways; kids demonstrations; a Disc Jockey rocking the street; a women's self-defense seminar; a Women-Only Boot Camp Workout; Brick-Breaking; a Kettlebell Challenge Competition; and the Annual Philly Warrior Fitness Challenge; and

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*RESOLUTION NO. 130738 continued*

WHEREAS, All martial arts schools and organizations are encouraged to come together to host and participate in similar demonstrations to celebrate Philadelphia's second National Martial Arts Day; now, therefore

RESOLVED, BY THE COUNCIL OF THE CITY OF PHILADELPHIA, That it hereby recognizes October 18, 2013 as National Martial Arts Day in Philadelphia to encourage all Philadelphians to learn about the important benefits of the Martial Arts.

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*RESOLUTION NO. 130738 continued*

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*RESOLUTION NO. 130738 continued*

CERTIFICATION: This is a true and correct copy of the original Resolution, Adopted by the Council of the City of Philadelphia on the tenth day of October, 2013.

Darrell L. Clarke  
PRESIDENT OF THE COUNCIL

Michael A. Decker  
CHIEF CLERK OF THE COUNCIL

Introduced by: Councilmember Oh

Sponsored by: Councilmembers Oh, Green, Greenlee, O'Brien, Jones, Goode, Council President Clarke, Councilmembers Kenney, Tasco, Quiñones Sánchez, Henon, Squilla, Johnson, Blackwell, O'Neill, Bass and Reynolds Brown